



Camper Information Package

2022 Season

3555 Bolingbroke Road • Maberly, ON

613-273-5273

info@campdavern.com

campdavern.com

Welcome to Camp Davern

Dear Parents & Guardians,

On behalf of Camp Davern, I would like to welcome you to the 2022 summer camp season! This is Davern's 76th summer, and should prove to be a blockbuster year. The following package has been designed to offer the best information to prepare you and ensure your campers are comfortable, safe and happy during their time with us, so they can make the most of their adventure.

Davern is a home away from home, and a family away from family. We want to thank you for trusting your children's fun and safety with us. We do not take this responsibility lightly, and our staff strive to be the prudent parent that your children deserve. Summer camping is a truly awesome experience. It has the potential for transformation and growth in campers and staff alike. At Davern, we value our community and strive to make sure that everyone's needs are met and expectations exceeded.

Despite all the best intentions, the pandemic still lingers on. This will impact our summer camp as it has all summer camps. Davern's approach can best be summarised as optimistic yet cautious. Overall Davern will look closer to normal operations than it did last year, but our guard will still be up. As schools and public spaces all over the province have reiterated, Camp Davern will be relying on you - the caregiver - to send your children healthy and without infectious disease to our communal living space. A full outline of Davern's 2022 COVID-19 Policy is found on Pages 5 and 6. Additionally, our infectious Disease policy can be found on our website. Of course, we will revisit this policy as conditions and Public Health allow.

By now you should have completed your online registration process. Please be sure to update any information (medical or contact info) that may have changed since your registration. Email info@campdavern.com to ensure we have the most updated information about your child prior to their arrival. Also please note Camper Arrival and Departure procedures have changed since last year (See Page 4 for an updated description of Arrival and Departure). Drive safely on your way to and from Davern.

Review this package closely and if you have any further questions do not hesitate to contact Camp Davern at info@campdavern.com or call 613-273-5273.

We cannot wait to see our community again. It has been too long!

Yours in camping,

Peter Vooy
Director,
Camp Davern

Community Conduct and Wellbeing

Our Philosophy

Through our CHARISMA Initiative we guide campers towards living our core values:

Consideration • Heart • Acceptance • Respect • Integrity • Sensitivity • Mindfulness • Appreciation

Campers are encouraged to take safe risks, challenge themselves, and try new things. But most of all, they are encouraged to support and be supported by others along the way. With a wide range of social, recreational and creative opportunities, Camp Davern is an ideal place to explore nature, experience personal growth, and discover strengths in order to positively contribute to their community both at camp and at home.

Preparing for Camp

Your camper's success at camp starts with you! Get excited for summer camp with your child. Discuss things they are looking forward to and ask if they have any questions. Children will often reflect the emotions of their parents, particularly when it comes to emotions surrounding new experiences. If conversations about camp revolve around worries and concern, campers may arrive at camp feeling nervous and hesitant to join in. Alternatively, if you are speaking with them about the exciting opportunities of camp, they will arrive on site feeling confident and prepared. Summer camp is essentially the best extended sleepover ever, filled with lots of new friends, many of which are first time campers too.

Sending letters in advance of your camper's arrival will help ensure they arrive during your camper's stay, especially if your camper is only with us for one week.

Please don't assure them they can call home if they need to, as this strategy often backfires.

Summer camp is a chance for your child to grow as an individual in a safe and supportive community while tackling new adventures both independently and with their peers. If you have questions, or aren't sure how to answer your child's questions, feel free to get in touch with the camp.

Communication while at camp

When sending letters to your child at camp, please use traditional mail. Kids **love** getting letters and packages! Send them early to ensure their arrival. If you wish to send an email note to your child, please limit your messages to **ONE** per day. Your message will be delivered during the rest hour, after lunch. Please note that your child will only be able to use traditional mail when responding, so it is encouraged that campers pack stationary.

Fees and Accounts

For families who have outstanding balances, fees are now due for 2022 as of May 7th. Please contact our Finance Director, Anne, to make arrangements via accounts@campdavern.com. Accounts must be cleared prior to your child's arrival.

Arrival & Departure

Arrival will start at 3pm and will be staggered alphabetically again this year to help with traffic.

Each session will get a reminder email with specific arrival times and any updates to procedures. Screening and rapid testing will take place in the parking lot at the end of the camp laneway. Once campers have completed their screening, they may head over to the Hillside Field for Main Registration. Staff will be waiting there to check campers in and assist with luggage.

Departure will be at 11am for everyone. You can pick up your camper at Hillside Field.

Please let the camp know if someone else is picking up your camper at the end of their stay.

There are two drop-off/pick-up options.

Kiss and Ride Option: Follow the red arrows down the laneway. Turn right at the Y-section of the road and onto the Hillside Field where you can park your car and drop off your camper. DO NOT continue driving up the hill toward Main Camp. Once campers have completed their registration and joined their group, cars are then able to continue driving around the loop and back out the laneway.

Walk and Drop Option: Similar to the Kiss and Ride option, you will follow the red arrows down the laneway until you reach the new parking lot, where you can park and walk to the Hillside Field. This option is for those who wish to have a brief walk around camp. You then are able to move through the registration process with your camper(s) which will be taking place on Hillside Field. Week A camper families may choose this option on their arrival day, Week B camper families may choose this option on departure days.

*Please note that parking is limited

**Drop-off/Pick-up times are again listed on Page 10

Health & Wellness at Davern

Health and Safety

If your camper's medical condition has changed in any way (i.e. surgery, infectious disease, mental health) from the time you submitted their medical information, log into your online account and update the information. It is the responsibility of the parents to ensure the camp has updated and accurate medical information pertaining to your child. If there has been any changes in behaviour or circumstances which you would like to communicate to the camp directly, please contact the Director at director@campdavern.com.

COVID-19

Camp Davern will always follow the latest guidelines and advice from the Lanark, Leeds & Grenville Public Health Unit. Our goal is to create a "camp bubble" in order to keep our campers and staff safe. This includes but is not limited to: increased cleaning and sanitation of surfaces and communal areas, screening and daily health checks of staff, limiting of visitors, amending our arrival and departure procedures, and screening of campers.

**Our success depends on the cooperation of our camp families.
Please do your best to limit your camper's contacts and exposure potential prior to their arrival at camp to lower the risk of infection to our camp community.
This will contribute significantly to Davern's safe operation.**

Camp Davern is a strong believer in the efficacy of vaccines to reduce the seriousness and spread of COVID-19. Campers are strongly encouraged to get their latest dose of COVID-19 vaccine prior to coming to camp. However, campers will no longer be required to be vaccinated against COVID-19 to attend.

Campers will be required to test negative on a Covid-19 Rapid Antigen Test (RAT) upon arrival.

1. Campers and their families will do their best to monitor health prior to arrival at camp. 3 days prior to arrival, we are asking that campers take a RAT test at home. These tests are available at most Shoppers Drug Mart locations and some grocery stores.
2. During registration, campers will be screened for symptoms and exposure. Campers will also be administered a RAT. Campers must produce a negative test to continue with the registration process. Campers producing positive tests will be asked to go home and isolate.
3. Once camping sessions are in progress, anyone experiencing *active* symptoms will be given a rapid test to eliminate the possibility of COVID-19. If a positive case is discovered during a session, the individual will be isolated and removed from camp. The remainder of the cabin group will be tested via a RAT, and families and public health will be notified. Evaluation of the continuation of camp by public health will follow.

4. Parents will be required to sign an attestation confirming that, to the best of their knowledge, their child is free of communicable/infectious diseases including Covid-19 **AND** that their child, three days prior to arrival, has tested negative on a RAT.

***Please review our Infectious Disease Protocol resource for more information, available on the Parental Resources page on our website.**

Allergies

If your child requires an EPI Pen, it is your responsibility to pack one with your camper and inform the Camp Director and Camp First Aider through submitted medical information.

Camp Davern is an allergy aware site. Therefore, we ask that you **DO NOT** send any food to camp with your camper or in mail packages to assist us in allergy control.

Head Lice Prevention & Policy

While generally not harmful, lice are extremely annoying and uncomfortable for those affected. Lice spreads easily, especially in a summer camp environment. **It is the responsibility of the camper's family to ensure that their child(ren) are lice free prior to arriving at camp.** Please check regularly prior to arrival.

All campers will be given a lice check upon arrival to camp as part of our standard check-in procedures.

If found, campers will be asked to leave the site. They will be welcome to return when a treatment has been applied, and a doctor's note is supplied verifying that the treatment has been applied correctly. There are no refunds for days missed.

Tick Prevention & Policy

Ticks are present within our region. Please be assured that all staff are educated on how to identify and remove ticks, and are taught the importance of their quick and safe removal.

Camp policy includes regular tick checks for all campers/staff and education on their identification. Activities will primarily occur in areas free of brush and leaf litter. We encourage campers to pack light coloured clothing, long sleeves, and pants. Closed toed shoes and insect repellent are a requirement for campers and staff participating in all land-based activities.

Should there be any concern regarding your camper and a potential tick bite, the camp will ensure they receive appropriate medical attention and you will be contacted immediately.

For more info on ticks, please visit:

https://eohu.ca/lyme/index_e.php

<https://www.kflaph.ca/en/healthy-living/lyme-disease-.aspx>

<https://healthunit.org/health-information/home-health-safety/insect-bites-diseases/>

Packing for Camp

Technology at Camp

Campers are asked to leave technology at home! All cell phones, tablets, laptops or electronic gaming devices that accidentally get packed will be checked into the Camp Davern office, until your camper's departure. Since campers are only here for a short period of time, we feel it is a great time to take a break from screen time. Summer camp is all about connecting with peers face to face. We encourage families to speak with campers prior to arrival about our stance on electronics, so they are prepared to spend time unplugged.

What to Bring

We have attached a packing list for campers below, with the intention of making the packing process simple and effective.

<p>Bedding</p> <ul style="list-style-type: none"> <input type="checkbox"/> Pillow <input type="checkbox"/> Sleeping bag <input type="checkbox"/> Single bed size fitted sheet 	<p>Toiletries</p> <ul style="list-style-type: none"> <input type="checkbox"/> Biodegradable soap, shampoo, and conditioner <input type="checkbox"/> Toothbrush and toothpaste <input type="checkbox"/> Hairbrush 	<p>Outdoor Gear</p> <ul style="list-style-type: none"> <input type="checkbox"/> Sunscreen <input type="checkbox"/> Bug spray <input type="checkbox"/> Flashlight/headlamp <input type="checkbox"/> <i>Optional:</i> Bug jacket
<p>Swim Gear</p> <ul style="list-style-type: none"> <input type="checkbox"/> Bathing suit <input type="checkbox"/> Towel <input type="checkbox"/> <i>Optional:</i> Water Shoes, Goggles 	<p>Rain Gear</p> <ul style="list-style-type: none"> <input type="checkbox"/> Rain jacket <input type="checkbox"/> Rubber boots <input type="checkbox"/> <i>Optional:</i> Rain pants 	<p>Shoes</p> <ul style="list-style-type: none"> <input type="checkbox"/> Running/Closed toe shoes <input type="checkbox"/> Sandals <p>*(Crocs/Keens are NOT considered closed toed shoes)</p>
<p>Clothing</p> <ul style="list-style-type: none"> <input type="checkbox"/> T-shirts <input type="checkbox"/> Shorts <input type="checkbox"/> Socks <input type="checkbox"/> Underwear <p>*pack appropriately based on duration of stay (week/session)</p> <p>*laundry is not available on site except in extenuating circumstances</p>	<p>Pack at least one:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Long sleeve shirt <input type="checkbox"/> Pair of pants <input type="checkbox"/> Sweater <input type="checkbox"/> Hat <input type="checkbox"/> Face Mask <input type="checkbox"/> Water Bottle <input type="checkbox"/> <i>Optional:</i> Outfit for Banquet 	<p>Miscellaneous Items:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Books for reading, journaling, colouring <input type="checkbox"/> Materials for writing letters/postcards <input type="checkbox"/> Musical instrument <input type="checkbox"/> Camera - not a cell phone camera

In addition to the basic packing list, it is **IMPORTANT** to bring these items:

- A photo or photocopy of the camper's Health Card (**everyone**)
- Any required prescription medications in original bottles
- Documentation for Immigration Canada
- Passport (international campers)

What NOT to Bring

Cell phones, Computers, Electronics, Gaming devices	Item(s) found will be confiscated and kept in the Camp Office until camper's departure.
Money/Valuables	Camp Davern is not responsible for lost or stolen items. Please keep all valuables at home.
Weapons/Knives	Parents of campers found with any of these items will be notified and campers will be asked to leave Camp Davern property immediately, with no refund in fees.
Non-Prescription Drugs, Tobacco Products, Alcohol, Illegal drugs, Harmful Substances	
Food/Candy	To avoid cross-contamination for children with allergies, and to keep pests out of cabins, we ask that parents NOT send food with campers. The Tuck Shop is open 2 times a week for campers to pick out sweet treats.
Hair dryers/Curlers/Straighteners, Gossip magazines, Sling shots, Water guns	Not needed!

Please Leave Behind...

Harmful Attitudes: Behaviour which intentionally places others at risk physically or emotionally is not tolerated at Camp Davern. Behaviour inconsistent with Camp's Code of Conduct could result in early dismissal of a camper.

Lice and Bedbugs: Check heads and beds prior to your camper's arrival on site. If found, campers are required to undergo treatment prior to their acceptance on site.

Camp Celiac (Session 4, Weeks 4A/4B)

Hello/Welcome Back!

We are pleased to be able to offer an entirely gluten-free session during our 2022 summer camp season. We understand that dietary restrictions can have a huge impact on the camping experience and our aim here at Camp Davern is to create a safe space for those with Celiac Disease/Gluten Sensitivities to enjoy a week (or two) at camp without the added stress of food safety issues. We hope this option allows both campers and parents a worry-free camp experience.

Updates for 2022

- **BIG NEWS!** Camp Celiac 2021 was a huge success, and so we are thrilled to be extending this program to **TWO WEEKS** this summer!
- **Mark your calendars!** The Davern team will be hosting a pre-Camp Celiac information session over Zoom at 7pm on June 6th. The purpose of this call is to speak to any questions or concerns relating to Camp and is open to all families.

Make sure to check out the Camp Celiac website for more information about the program, food, property, and staff. Our FAQ page (<https://www.campceliac.ca/faq>) answers a few of the most common questions we receive about the camp and provides some insight on what you/your camper can expect during their camp stay.

Finally we'd like to thank our Board of Advisors who have been working behind the scenes with community partners and the Davern kitchen team to provide an amazing menu for the 2022 Camp Celiac session. You can check out more information about the advisors on the Camp Celiac Website.

We are looking forward to another amazing Camp Celiac and we cannot wait to see you all!

A Day in the Life at Camp Davern

Arrival Day Schedule

3:00-5:00 pm	Arrival in front parking lot
5:00 pm	Community Greeting and Meeting • Camper Orientation Tours
5:30 pm	Cabin Time • Unpack and Settle In!
6:00 pm	Dinner
7:00 pm	Prepare for Opening Campfire
7:30 pm	Campfire and Welcome
9:00 pm	Cabin Wind Down
9:30-10:00 pm	Lights Out

Departure Day Schedule

8:00 am	Wake Up!
8:15 am	Morning Watch
8:30 am	Breakfast • Awards
9:15 am	Cabin Clean Up • Pack, Collect Crafts, Locate Lost Items
11:00 am	Parental pick-up at front parking lot

Typical Day Schedule

7:30 am	Wake Up!
7:45 am	Polar Dip
8:15 am	Morning Watch
8:30 am	Breakfast
9:15 am	Cabin Clean Up • Prepare and Dress for the Day!
10:00 am	Group Activity #1
11:15 am	Group Activity #2
12:30 pm	Lunch
1:15 pm	Rest Hour
2:15 pm	Choice Activity #1 (subject to change based on Covid cohort guidelines)
3:15pm	Snack
3:30 pm	Choice Activity #2 (subject to change based on Covid cohort guidelines)
4:45 pm	Free Time • Buddy Swim
6:00 pm	Dinner
7:30 pm	Evening Event • All-Camp Activity
9:00 pm	Cabin Wind Down
9:30 - 10:00 pm	Lights Out

Important Dates: Arrival and Departure

Session	Arrival	Departure
SESSION 1 (2-WEEK)	July 2, 3PM	July 14, 11AM
SESSION 1A	July 2, 3PM	July 8, 11AM
SESSION 1B	July 8, 3PM	July 14th, 11AM
SESSION 2 (2-WEEK)	July 16, 3PM	July 28, 11AM
SESSION 2A	July 16, 3PM	July 22, 11AM
SESSION 2B	July 22, 3PM	July 28, 11AM
SESSION 3 (2-WEEK)	July 30, 3PM	August 11, 11AM
SESSION 3A	July 30, 3PM	August 5, 11AM
SESSION 3B	August 5, 3PM	August 11, 11AM
SESSION 4 (2-WEEK) Camp Celiac 2-Week	August 13, 3PM	August 25, 11AM
SESSION 4A Camp Celiac A	August 13, 3PM	August 19, 11AM
SESSION 4B Camp Celiac B	August 19, 3PM	August 25, 11AM
Davern Girls Week	August 28, 3PM	Sept 2, 11AM

Camp Location & Summer Office
3555 Bolingbroke Road Maberly, ON, K0H 2B0
613-273-5273
info@campdavern.com

DIRECTIONS TO CAMP:

FROM OTTAWA:

Take Trans-Canada Hwy/ON-417 W - 26.6 km | Take exit 145 for Ontario 7 W toward Carleton Place/ Toronto - 1.7 km | Continue onto Trans-Canada Hwy/ON-7 - 77.4 km | Turn left onto Bolingbroke Rd/ County Rd 36 - 7.0 km | Camp will come up on the right after the wooden bridge.

FROM KINGSTON:

Follow Perth Rd/Route 10 for 49.8 km | Turn left onto Concession St/County Rd 42 W 1.3 km Turn left onto Bedford St/Regional Rd 12 - 0.1 km | Turn right onto Mountain Rd/Regional Rd 36 - 0.5 km | Continue onto County Rd 36 - 13.2 km | Turn right onto Bolingbroke Rd/County Rd 36 - 2.7 km | Turn left to stay on Bolingbroke Rd/County Rd 36 - 1.3 km | Camp will be on the left

FROM TORONTO:

Take the ON-401 E exit 1.1 km | Merge onto Ontario 401 Express - 23.0 km | Merge onto ON-401 E 144 km | Take exit 544 for ON-37 toward Tweed/Belleville 0.4 km | Turn right onto ON-37 N 43.9 km | Turn right onto Trans-Canada Hwy/ON-7(signs for Perth) 75.3 km | Turn right onto Bolingbroke Rd/ County Rd 36 | Camp will come up on right after wood bridge

PLEASE DRIVE SLOW ON OUR ROAD AND FOLLOW POSTED SIGNS AND STAFF INSTRUCTION.

campdavern.com