



# Camper Information Package 2019 Season

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[campdavern.com](http://campdavern.com)

# Welcome to Camp Davern

Dear Parents/Guardians,

On behalf of Camp Davern, I would like to welcome you to the 2019 summer camp season. My name is Peter Vooy's and I am the director of Camp Davern. This is Davern's 73rd summer and it is ramping up to be a big one. We are continuing to improve the facility and working towards further developments in our programs. We are also excited to be expanding our campership reach, welcoming campers from all over the world. As we aim to rekindle the Davern Alumni flame, the camp is actively seeking partnerships with the local and wider community. Our Camp Davern spirit is growing and we are so happy you've chosen to be a part of it.

Davern is a home away from home, and a family away from family. We would like to thank you for trusting your children's fun and safety with us. We do not take this responsibility lightly, and our staff strive to be the prudent parent that your children deserve. Summer camping is a truly awesome experience. It has the potential for transformation and growth in campers and staff alike. At Davern, we value community and experience and strive to make sure that everyone's needs are met and expectations exceeded. This package is designed to offer you the best information to prepare you and ensure your campers are comfortable, safe and happy during their time with us so they can make the most of their adventure.

By now you should have completed your online registration process, please be sure to update any information (medical or contact info) that may have changed prior to June 14, 2019. Any updates or changes after June 14, 2019 please email us to ensure we have noted the most updated information about your child prior to their arrival.

Please note most families will be coming by car. In order to reduce traffic on our one-way camp driveway, we ask that all cars remain in the front parking lot. There will be a welcoming committee in the parking lot to greet you and assist with baggage. Please drive safe on your way to and from Davern.

Review this package closely and if you have any further questions do not hesitate to contact us directly with the information below. I am not always in the office, (perks of outdoor education) but I will respond to any calls and emails as soon as possible.

We cannot wait for our campers to see what is in store for them this summer.

Yours in camping,

**Peter Vooy's**

Director, Camp Davern

613-770-5100 | [director@campdavern.com](mailto:director@campdavern.com)

# Community Conduct and Wellbeing

## Our Philosophy

Through our CHARISMA Initiative we guide campers towards living our core values:

**Consideration • Heart • Acceptance • Respect • Integrity • Sensitivity • Mindfulness • Appreciation**

Campers are encouraged to take safe risks, challenge themselves, and try new things. But most of all, they are encouraged to support and be supported by others along the way. With a wide range of social, recreational and creative opportunities, Camp Davern is an ideal place to explore nature, experience personal growth, and discover strengths in order to positively contribute to their community both at camp and at home.

## Preparing for Camp

Your camper's success at camp starts with you! Get excited for summer camp with your child. Discuss things they are looking forward to and ask if they have any questions. Summer camp is essentially the best extended sleepover ever, filled with lots of new friends, many of which are first time campers too.

Please remember, children will often reflect the emotions of their parents, particularly when it comes to emotions surrounding new experiences. If conversations about camp revolve around worries and concern, campers can sometimes arrive at camp feeling nervous and hesitant to join in. Therefore, if you are speaking with them about the exciting opportunities of camp, they will arrive on site feeling confident and prepared!

Sending letters in advance of your camper's arrival will help ensure they arrive during your campers stay, especially if your camper is only with us for one week. Please don't assure them they can call home if they need to, as we cannot guarantee ourselves that this will be the case. Summer camp is a chance for your child to grow as an individual in a safe and supportive community while tackling new adventures both independently and with their peers. If you have something on your mind, or aren't sure how to answer your child's questions, please do not hesitate to get in touch with the camp.

## Communication

When sending letters to your child at camp, please use traditional mail. Kids **love** getting letters and packages! If you wish to send an e-mail note to your child, please limit your messages to ONE per day. Your message will be delivered during Zap time (rest hour, after lunch.) Please note that your child will only be able to use traditional mail when responding, so it is encouraged that campers pack stationary.

Campers who are attending camp for multiple weeks will be given the opportunity to make a phone call home on Change Over weekends, via the camp phone.

## Technology at Camp

One and two-week campers are asked to leave technology at home! Since these campers are only here for a short period of time, they will not be provided time on their tech devices during their stay. All cell phones, tablets, laptops or electronic gaming devices that accidentally get packed will be checked into the Camp Davern office, until your camper's departure. Remember, summer camp is all about connecting with peers face to face. We encourage families to speak with campers prior to arrival about our stance on electronics, so they are prepared to spend time unplugged.

## Fees and Accounts

For those families who have outstanding balances, fees are now past due for 2019. Please contact our Finance Director, Anne, to make arrangements via [accounts@campdavern.com](mailto:accounts@campdavern.com).

## Health & Wellness at Davern

### Health and Safety

If your child's medical condition has changed in any way (i.e. surgery, infectious disease, mental health) from the time you submitted your medical information, log into your online account and update the information. It is the responsibility of the parents to ensure the camp has updated and accurate medical information pertaining to your camper. If there has been any changes in behaviour or circumstances which you would like to communicate to the camp directly, please contact the director at [director@campdavern.com](mailto:director@campdavern.com).

### Allergies

If your child requires an EPI Pen, it is your responsibility to pack one with your camper and inform the Camp Director and Camp Wellness Centre Staff through submitted medical information.

Camp Davern is a nut sensitive site. Therefore, we ask that you **do not** send any food to camp with your camper or in mail packages to assist us in allergy control.

### Head Lice Prevention & Policy

While generally not harmful, lice are extremely annoying and uncomfortable for those affected. Lice spread easily, especially in a summer camp environment. It is the responsibility of the camper's family to ensure that their camper(s) are lice free prior to arriving at camp. Please check regularly prior to arrival.

All campers will be checked upon arrival to camp as part of our standard check-in procedures. If found, campers will be asked to leave the site. They will be welcome to return when a treatment

has been applied, and a doctor's note is supplied verifying that the treatment has been applied correctly. There are no refunds for days missed.

## Tick Prevention & Policy

We are aware that ticks are present within our region. Please be assured that all staff are educated on how to identify and remove ticks, and are taught in the importance of their quick and safe removal.

Camp policy includes regular tick checks for all campers/staff and educating them on their identification. Activities will primarily occur in areas free of brush and leaf litter. We encourage campers to pack light coloured clothing, long sleeves, and pants. Closed toed shoes and insect repellent will be a requirement for campers and staff participating in all land-based activities.

Should there be any concern regarding your camper and a potential tick bite, the camp will ensure they receive medical attention and you will be contacted immediately.

For more info on ticks, please visit:

[https://eohu.ca/lyme/index\\_e.php](https://eohu.ca/lyme/index_e.php)

<https://www.kflaph.ca/en/healthy-living/lyme-disease-.aspx>

<https://healthunit.org/health-information/home-health-safety/insect-bites-diseases/>

## Packing for Camp

### What to Bring

<p><b>Bedding</b></p> <ul style="list-style-type: none"> <li>- Pillow</li> <li>- Sleeping bag</li> <li>- Single bed size fitted sheet</li> <li>- Pillow case</li> </ul>	<p><b>Toiletries</b></p> <ul style="list-style-type: none"> <li>- Biodegradable soap/shampoo/conditioner</li> <li>- Toothbrush/toothpaste</li> <li>- Hairbrush</li> </ul>	<p><b>Outdoor Gear</b></p> <ul style="list-style-type: none"> <li>- Sunscreen</li> <li>- Bug spray</li> <li>- Flashlight/headlamp</li> <li><i>Optional:</i> Bug jacket</li> </ul>
<p><b>Swim Gear</b></p> <ul style="list-style-type: none"> <li>- Bathing suit</li> <li>- Towel</li> <li><i>Optional:</i> Personal Lifejacket</li> </ul>	<p><b>Rain Gear</b></p> <ul style="list-style-type: none"> <li>- Rain jacket</li> <li>- Rubber boots</li> <li><i>Optional:</i> Rain pants</li> </ul>	<p><b>Shoes</b></p> <ul style="list-style-type: none"> <li>- Running shoes/Closed toed shoes (no Crocs or Keens!)</li> <li><i>Optional:</i> Water shoes</li> </ul>
<p><b>Pack one week's worth of:</b></p> <ul style="list-style-type: none"> <li>- T-shirts</li> <li>- Shorts</li> <li>- Socks</li> <li>- Underwear</li> </ul>	<p><b>Pack at least one:</b></p> <ul style="list-style-type: none"> <li>- Light long sleeve shirt</li> <li>- Light long pair of pants</li> <li>- Sweater</li> <li>- Hat</li> <li>- Outfit for Banquet</li> </ul>	<p><b>Optional fun stuff:</b></p> <ul style="list-style-type: none"> <li>- Books, journal, colouring</li> <li>- Letter writing stuff</li> <li>- Musical instrument</li> <li>- Funky costumes</li> <li>- Plain white tee for tie dye</li> <li>- Camera</li> </ul>

## And Don't Forget!

A photo or photocopy of camper's Health Card	Required prescription medications in original bottles	Document for Immigration Canada & Passport* *(International campers only!)
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## What **NOT** to Bring

<b>Cell phones, computers, electronics, gaming devices</b>	Item(s) found will be confiscated and kept at the Camp Office until camper's departure.
<b>Money/valuables</b>	Camp Davern is not responsible for lost or stolen items. Please keep all valuables at home.
<b>Knives, weapons</b>	Parents of campers found with any of these items will be notified and campers will be asked to leave Camp Davern property immediately, with no refund in fees.
<b>Non-prescription drugs, tobacco products, alcohol, illegal drugs, harmful substances</b>	
<b>Food/candy</b>	To avoid cross-contamination for children with allergies, and to keep pests out of cabins. The Tuck Shop will be accessible to campers to buy candy/treats at designated times.
<b>Hair dryers/curlers/straighteners, gossip magazines, sling shots, water guns</b>	Not needed!

## And Leave Behind...

<b>Harmful Attitudes</b>	Intentional behaviour placing others at risk physically or emotionally is not tolerated at Camp Davern. Behaviour inconsistent with Camp's Code of Conduct could result in early dismissal of a camper.
<b>Lice and Bedbugs</b>	Check heads and beds prior to your camper's arrival on site. Camper's are required to undergo treatment prior to their acceptance on site.

# A Day in the Life at Camp Davern

## Arrival Day Schedule (Sunday)

2:00 pm	Arrival • Cars/Bus/International Campers
3:30 pm	Community Greeting and Meeting • Camper Orientation Tours
4:30 pm	All-Camp Swim Test
5:00 pm	Cabin Time • Free Time
6:00 pm	Dinner
7:00 pm	Prepare for Opening Campfire
7:30 pm	Campfire and Welcome
8:30 pm	Snack
9:00 pm	Cabin Wind Down
9:30-10:00 pm	Lights Out

## Typical Day Schedule

7:30 am	Wake Up!
7:45 am	Polar Dip
8:15 am	Morning Watch
8:30 am	Breakfast
9:15 am	Cabin Clean Up • Prepare and Dress for the Day!
10:00 am	Group Activity #1
11:15 am	Group Activity #2
12:30 pm	Lunch
1:15 pm	Zap Time! • Rest Hour • Tuck Shop is Open
2:15 pm	Choice Activity #1
3:30 pm	Choice Activity #2

4:45 pm	Free Time • Buddy Swim
6:00 pm	Dinner
7:00 pm	Evening Activity • All-Camp Game
8:30 pm	Snack
9:00 pm	Cabin Wind Down
9:30 - 10:00 pm	Lights Out

## Departure Day Schedule (Saturday)

7:30 am	Wake Up!
7:45 am	Final Polar Dip
8:15 am	Morning Watch
8:30 am	Breakfast
9:15 am	Cabin Clean Up • Pack, Collect Crafts, Locate Lost Items
10:45 am	Closing Hugs and Farewells
11:00 am	Parent Arrival • Bus Departures

# Important Dates: Arrival and Departure

For Campers Arriving and Departing by Car

<b>Session</b>	<b>Arrival • Sunday</b>	<b>Departure • Saturday</b>
SESSION 1 (2-WEEK)	June 30th, 2PM	July 13th, 11AM
SESSION 1A	June 30th, 2PM	July 6th, 11AM
SESSION 1B	July 7th, 2PM	July 13th, 11AM
SESSION 2 (2-WEEK)	July 14th, 2PM	July 27th, 11AM
SESSION 2A	July 14th, 2PM	July 20th, 11AM
SESSION 2B	July 21st, 2PM	July 27th, 11AM
JULY CAMP (ONE MONTH)	June 30th, 2PM	July 27th, 11AM
SESSION 3 (2-WEEK)	July 28th, 2PM	August 10th, 11AM
SESSION 3A	July 28th, 2PM	August 3rd, 11AM
SESSION 3B	August 4th, 2PM	August 10th, 11AM
SESSION 4A	August 18th, 2PM	August 24th, 11AM
SESSION 4B <b>(GIRL'S WEEK!)</b>	August 25th, 2PM	August 31st, 11AM

**For Campers who have Selected Arriving and Departing by Bus  
The Director will email to confirm pick up and drop off locations.**

**Camp Location & Summer Office**  
**3555 Bolingbroke Road Maberly, ON, K0H 2B0 613-770-5100**  
**[info@campdavern.com](mailto:info@campdavern.com)**

# DIRECTIONS TO CAMP:

## **FROM OTTAWA:**

Take Trans-Canada Hwy/ON-417 W - 26.6 km | Take exit 145 for Ontario 7 W toward Carleton Place/ Toronto - 1.7 km | Continue onto Trans-Canada Hwy/ON-7 - 77.4 km | Turn left onto Bolingbroke Rd/ County Rd 36 - 7.0 km | Camp will come up on right after wooden bridge.

## **FROM KINGSTON:**

Follow Perth Rd/Route 10 for 49.8 km | Turn left onto Concession St/County Rd 42 W 1.3 km Turn left onto Bedford St/Regional Rd 12 - 0.1 km | Turn right onto Mountain Rd/Regional Rd 36 - 0.5 km | Continue onto County Rd 36 - 13.2 km | Turn right onto Bolingbroke Rd/County Rd 36 - 2.7 km | Turn left to stay on Bolingbroke Rd/County Rd 36 - 1.3 km | Camp will be on the left

## **FROM TORONTO:**

Take the ON-401 E exit 1.1 km | Merge onto Ontario 401 Express - 23.0 km | Merge onto ON-401 E 144 km | Take exit 544 for ON-37 toward Tweed/Belleville 0.4 km | Turn right onto ON-37 N 43.9 km | Turn right onto Trans-Canada Hwy/ON-7(signs for Perth) 75.3 km | Turn right onto Bolingbroke Rd/ County Rd 36 | Camp will come up on right after wood bridge

**PLEASE PARK IN THE CAMP PARKING LOT AND ENJOY THE STUNNING WALK IN TO CAMP! LUGGAGE WILL BE TRANSPORTED FROM THE PARKING LOT BY CAMP STAFF.**

[campdavern.com](http://campdavern.com)